

# Dr. Douglas J. Pucci, D.C., FAAIM

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**DR. DOUGLAS J. PUCCI'S MAIN FOCUS IS GETTING TO THE ROOT OF** why your body is failing you and what you can do about it. As a natural healthcare physician and President of Oradell Functional Medicine, he is like a medical detective searching for clues. Using his own forensic analysis and comprehensive testing, Dr. Pucci identifies the origins of health issues that won't go away.

"I have a lot of patients who are given multiple new prescriptions for a non-routine visit with their doctor," he says. "A patient of mine literally walked in with three for antibiotics and three more for anxiety from her last visit to her MD. That's the standard treatment option today."

By combining functional lifestyle, nutrition and metabolic assessments, forensic analysis of infectious and toxic agents, hormone imbalances and neurological exams that look at how well the brain and body communicate, Dr. Pucci is able to develop a tailored and highly impactful plan of action based on the patient's unique biochemistry.

Dr. Pucci is deeply concerned about the number of patients who come into his office with a long list of medications, supplements, emergency room visits and yet are still seeking relief. People feel panicked because they have lost their sense of control over their health and they are in a desperate search of what to do.

"Many people are content taking medications, but I think the real question is: What do you do once the medications fail? That's the position my patients are in. They've been to doctor after doctor—including other alternative healthcare providers—yet they're not getting results. By the time they see me, they are desperate for guidance and help."

In 2012, *New Jersey Monthly* named Dr. Pucci a Top Doctor. Later that same year he was featured in Bergen County's premier (201) *Magazine*, as one of 12 "Doctors to Watch." In 2013, he was invited to speak before a local support group in Ridgewood, NJ on "Examining Illness: A Primer on Cellular Function and Disease." In 2015, he was honored to become a Fellow of the newly-created American Association for Integrative Medicine. And in February of this year, he initiated his certification through the International Association for Functional Neurology and Rehabilitation and was featured in the "Trends" section of *Bergen Health & Life* magazine.

He continues to dedicate thousands of hours to functional medicine, functional neurology, informational medicine, bio-resonance testing and laboratory science to bring the chronically ill closer to optimal health. "We live in an increasingly toxic world. I'm not sure that's going to change," he adds. "But there's a lot we can do to strengthen our defenses by fortifying our immune system and eliminating inflammatory triggers."