

# Hello & Welcome

Welcome to Pucci Wellness! We are excited to have you as a new client and look forward to helping you regain and achieve optimal health through natural and holistic methods.

As your Client Success Manager & Team Liaison, my role is to give you a place to turn when you have questions. I am also here to help you gain the most from your experience of working with Dr. Pucci.

We are committed to providing you with personalized, hands-on care that addresses the root cause(s) of your health issues. With over 30 years of experience, Dr. Pucci takes a body-first and brain approach to your health, combining cutting-edge science and laboratory testing with time-tested natural remedies to provide the most effective solutions.

Thank you for choosing Pucci Wellness as your trusted partner and functional medicine guide. You have made a wonderful decision! We are honored to be a part of your healthcare journey and look forward to helping you achieve your health and wellness goals.

Sincerely,

Cynthia Atwood (Pucci)

Client Success Manager at Pucci Wellness



Cynthia Atwood Clinical Operations Call or text support (201) 379-6502 Email - support@getwell-now.com



### THE COMPONENTS OF YOUR PACKAGE

We've put together a New Client Package for you to assist welcoming you onboard. It contains the following components:

### Initial Consult (75-90 min consult)

Your initial appointment provides you with Dr. Pucci's undivided attention as he conducts a comprehensive review of your health status, clinical history, and lifestyle factors. During this appointment, Dr. Pucci will work with you to make a priority assessment of your case, hear from you about your health goals (and struggles) and develop a personalized treatment plan that addresses your unique needs.

• Send over any prior records and we will chart these along with a functional analysis of your new or most recent blood work. You will also be invited to provide a more detailed health narrative through our intake process where you can share the intimate details of your case with me.

This is an opportunity to help you feel heard and connected to in a way that doctors often miss.

### A New Blood Test

I will send you a new prescription for complete blood work that you can take to your assigned in-network facility (Labcorp or Quest). This is a fasting blood draw.

For non-insured or Medicare beneficiaries, we can connect you with self-pay options at a reduced rate through an independent facility.

#### **Brain Region Localization Form for Friday**

To help guide the exam, Dr Pucci utilizes a self-assessment form to identify regions of the brain that could use some support. The hippocampus of the brain, for example, expresses itself differently from the executive functions within the frontal lobe when it comes to



observable signs of fatigue. Being able to self-identify patterns of imbalance early on help us to know where to place our attention.

### In-Office Functional Exam (75 min)

This is where we bring you into the office to complete the evaluation.

You will meet with Dr Pucci for a unique, one-of-a-kind brain-based "functional" neurology exam. He will answer any questions, and then walk through a series of very simple tasks to evaluate your brain's metabolic capacity along with any necessary readings, such as for blood pressure and the like.

The functional exam is a way to see the support between your body & brain from a fuel delivery standpoint, and where you are fatiguing.

### **Blissful Onboarding Program**

To help you become prepared, I have booked you for our Onboarding Program, which is designed to help you understand the philosophy and approach of Pucci Wellness, as well as share various resources available to support your health journey.

### **Quick Start Checklist**

By following this Quick Start Checklist, you will have all the necessary steps to get started with Dr. Pucci and begin your journey towards optimal health. If you have any questions or concerns, please don't hesitate to reach out to me for support.

## QUICK START CHECKLIST

The below steps are designed to help you get the most from your package. Please do not hesitate to communicate with me since there is a lot of coordination and emailing to start as we get off the ground!

### **Before the Initial Consult**

### \* Complete Your Intake Paperwork

There are one or two fillable on-line forms with a few questions to help complete your narrative for Dr Pucci.

### \* Complete Your New Blood Work

I will send you a script to your preferred lab, and you will take this as a walk-in at a convenient time and notify me of your success (fasting).

### Share or Provide Any Additional Prior Documents & Labs

I am happy to field your prior labs and upload or chart those for you. Acceptable formats include pdfs & faxes (no .jpegs or photos please).

### Following the In-Office Exam

### Take action using the lessons inside your two programs

You will be booked for two programs - one is about helping you develop lifestyle & blood sugar balance, which is a pillar of our practice. The other program is a set of tools inside the Gut Microbiome Kickstarter program to help you with diet, inflammation & stress.

As a reminder, you & I will be in touch throughout the process so that I can bring you online with Dr Pucci seamlessly & with relative ease.

We can't wait to meet you!